

RETURN 2 PLAY Guidelines

Delta Township is committed to providing the safest environment for our programming. We base our decisions on the direction of the state, CDC, and health department recommendations. With modifications to our programs and help from our participants, we can provide fun and safe athletic programing as we continue to get closer to normalcy.

Parent Responsibilities

- ▶ Ensure you & your child are healthy and safe to play
 - ► Pass COVID-19 checklists & temperature checks
 - If your child has experienced any feelings of being ill, or any COVID-19 symptoms, <u>do not</u> send your child to practices or games
 - ▶ Wear a mask if outside your car
- Stay in your car during practices & games or adhere to social distancing requirements, based on current state and local health requirements
- Ensure your child's clothing and equipment is safe
 - ▶ Wash clothing after every practice/game, before wearing again
 - Clean equipment before and after each practice/game (shoes, hat, ball, bat, gloves, water bottle, sweatband, etc.)
- ▶ Be sure your child is prepared for practices & games
 - ▶ Wash hands frequently (especially before & after Delta programs)
- ► Stay safe and healthy while at home
- ► Consider not carpooling or very limited carpooling
- Say home if YOU or YOUR CHILD are not feeling well

Player Responsibilities

- Take your temperature daily and especially before activities with others
- ▶ Wash hands thoroughly before and after practices/games
- ▶ Bring your own equipment
 - ▶ Shoes, hats, balls, bats, gloves, water bottles, sweatbands, etc.
- ▶ Wear mask before and immediately after practices/games
 - When sitting on the bench/sideline, it is preferred to wear a mask and adhere to social distancing requirements
- ▶ Do not touch or share anyone else's equipment, water, food or bags
- ► Consider not carpooling or very limited carpooling
- ► Say home if YOU are not feeling well
- Follow designated practice areas when applicable
- ▶ Practice social distancing, place bags and equipment at least 6 feet apart
- ► Avoid physical contact:
 - ▶ Group celebrations, high 5's, hugs, handshakes, fist bumps



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Line of Communication

- In the event a parent recognizes their child, or another family member in a shared living space, contracts COVID-19 at any point since participating in a Delta Township program, please contact the Parks & Recreation Office
- We will inform the other participants of the program and the required health departments immediately. Any information shared with program participants due to a confirmed case of COVID-19, will remain anonymous. No names will be given.

Township Website: www.deltami.gov

Office Phone: (517) 323-8555

Parks Office Email: Parks@deltami.gov

Thank You and Stay Safe!

COVID-19 Info

COVID-19 affects different people in different ways. Infected people have had a wide range of symptoms reported – from mild symptoms to sever illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- ► Fever or Chills
- Cough
- ▶ Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any o these signs, seek emergency medical carrimmediately:

- Trouble Breathing
- Persistent pain or pressure in chest
- New confusion
- ▶ Inability to wake or stay awake
- Bluish lips or face